

Your Guide to Summer 2024

Week 1: 22nd July – 28th July

Some events are open access for families – children are free to come and go as they please. Children under the age of 8 should be accompanied by an adult.

Date	Time	Location	Event	Booking / Information
Tuesday 23rd July	10am-2pm	Coldham's Common (Near Abbey Pool)	Active Family Event	Join in the family fun play zone and Olympic challenge. See poster for more details
Tuesday 23rd July	9:30-11am	Browns Field Community Centre	Stay and Play under 5's	Soft play activities for under 5's
Wednesday 24th July	9:30am-12pm	Darwin Green Community Rooms	KPA Theatre Workshop Mary Poppins	Theatre dance workshop for ages 6-10yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Wednesday 24th July	12:30-3:30pm	Darwin Green Community Rooms	KPA Theatre Workshop Wicked	Theatre dance workshop for ages 11+. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Friday 26th July	10-11am	Nightingale Pavilion	Boxing Taster Session	Boxing non-contact fitness workshop age 8-15yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment

Holiday lunches 2024

Come along to your local holiday lunch for free food and activities



Supported by **Cambridge City Council** and **Cambridge Sustainable Food** the holiday lunch network provides lunch and activities for families of nursery and school-aged children. These are provided in a variety of settings across the city.



Scan the QR code to find out more info.

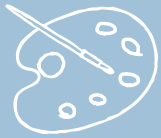




WEEK 2: 29th July – 4th August



Date	Time	Location	Event	Booking / Information
Monday 29th July	2-5pm	Browns Field Community Centre	The Lego Movie Film Festival Community Screenings	Film showing & Lego activities before showtime. See poster for unique QR CODE for booking. Limited tickets available on the door.
Tuesday 30th July	10am-2pm	King Georges V Playing Field Trumpington	Active Family Event	Join in the family fun play zone and Olympic challenge. See poster for more details.
Tuesday 30th July	9:30-11am	Brownfield Community Centre	Stay and Play under 5's	Soft play activities for under 5's.
Tuesday 30th July	2-3pm	Akeman Street Community Centre	Boxing Taster Session	Boxing fitness workshop age 8-15yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Wednesday 31st July	9:30am- 12pm	Browns Field Community Centre	KPA Theatre Workshop Lion King	Theatre dance workshop age 6-10yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Wednesday 31st July	12:30-3:30pm	Browns Field Community Centre	KPA Theatre Workshop Hairspray	Theatre dance workshop age 11+. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment



WEEK 3: 5th August – 11th August



Date	Time	Location	Event	Booking / Information
Tuesday 6th August	10am-2pm	Cherry Hinton Recreation Ground	Active Family Event	Join in the family fun play zone and Olympic challenge. See poster for more details.
Tuesday 6th August	2-3pm	Darwin Green Community Rooms	Boxing Taster Session	Non-contact Boxing fitness workshop ages 8-15yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Wednesday 7th August	4-7pm	Trumpington Pavilion	National Play Day Event	Play themed activities for children and families. Celebrating National Play Day.
Wednesday 7th August	10am-1pm	Eddington Square	National Play Day Event	Pop Up Play for children. With loose parts play, races and more. Celebrating National Play Day
Wednesday 7th August	1-3pm	Browns Field Community Centre	National Play Day Event	Time to get creative with a variety of art workshops for the whole family to enjoy. Celebrating National Play Day.
Thursday 8th August	10:30am-1pm	Meadows Community Centre	Gaming with Code Zone	Gaming workshop Age 8+. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Friday 9th August	9:30am-12pm	Akeman Street Community Centre	KPA Theatre Workshop Aladdin	Theatre dance workshop. Age 6-10yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Friday 9th August	12:30- 3.30pm	Akeman Street Community Centre	KPA Theatre Workshop The Greatest Showman	Theatre dance workshop Age 11+yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment



WEEK 4: 12th August – 18th August



Date	Time	Location	Event	Booking / Information
Monday 12th August	1-4pm	Clay Farm Centre	Arts and Craft Workshops	Time to get creative with a variety of art workshops for the whole family to enjoy.
Monday 12th August	2-5pm	Meadows Community Centre	WALL-E Film Festival Community Screening	Film showing & robot activities before showtime. See poster for unique QR CODE for booking. Limited tickets available on the door.
Tuesday 13th August	10am-2pm	St Albans Rec Arbury	Active Family Event	Join in the family fun play zone and Olympic challenge. See poster for more details.
Tuesday 13th August	2-4pm	Meadows Community Centre	Boxing Taster Session	Non-contact Boxing workshop age 8-15yrs. Booking required bookwhen QR CODE or www.bookwhen.com/commmunitydevelopment
Tuesday 13th August	9:30-11am	Browns Field Community Centre	Stay and Play under 5's	Soft play sessions for under 5's.
Wednesday 14th August	1-3:30pm	Browns Field Community Centre	Gaming with Code Zone	Gaming workshop Age 8+. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Wednesday 14th August	10am-1pm	Nightingale Pavilion	Family Fun	Activities for under 5's with Children and Family Centre
Thursday 15th August	11am-12pm & 1:30-2:30pm	Clay Farm Centre	Sublime Science Show	Booking at Clay Farm Centre in person. Ticketed Event.



WEEK 5: 19th August – 25th August



Date	Time	Location	Event	Booking / Information
Monday 19th August	9:30am- 12pm	Meadows Community Centre	KPA Theatre Workshop Oliver	Theatre dance workshop age 6-10yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Monday 19th August	12:30- 3:30pm	Meadows Community Centre	KPA Theatre Workshop Shrek the Musical	Theatre dance workshop age 11+. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Monday 19th August	10am-1pm	Fawcett School Children and Family Centre	Family Fun	Activities for under 5's plus siblings Children and Family Centre
Tuesday 20th August	10am-2pm	Nightingale Recreation Ground	Active Family Event	Join the fun family play zone and Olympic challenge. See poster for more details.
Tuesday 20th August	1-4pm	North Children and Family Centre	Family Fun	Activities for under 5's plus siblings with Children and Family Centre
Tuesday 20th August	9:30-11am	Browns Field Community Centre	Stay and Play under 5's	Soft play session for under 5's
Wednesday 21st August	10am-1pm	Nightingale Pavilion	Family Fun	Activities for under 5's and Siblings with Children and Family Centre
Thursday 22nd August	1-3pm	Darwin Green Community Rooms	Arts and Craft Workshops	Time to get creative with a variety of art workshops for the whole family to enjoy
Friday 23rd August	10am-1pm	The Fields Child and Family Centre	Family Fun	Activities for under 5's and Siblings with Children and Family Centre



WEEK 6: 26th August – 1st September



Date	Time	Location	Event	Booking / Information
Tuesday 27th August	10am-2pm	Pye's Rec Chesterton	Active Family Event	Join in the family fun play zone and Olympic challenge. See poster for more details.
Tuesday 27th August	9:30-11am	Browns Field Community Centre	Stay and Play under 5's	Soft play session for under 5's
Wednesday 28th August	9:30am- 12pm	Nightingale Pavilion	KPA Theatre Workshop Matilda	Theatre and dance workshop age 6-10yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Wednesday 28th August	12:30- 15:30pm	Nightingale Pavilion	KPA Theatre workshop Mamma Mia	Theatre and dance workshop age 11+. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment
Wednesday 28th August	1-3pm	Browns Field Community Centre	Boxing Taster Session	Non-contact boxing workshop Age 8-15yrs. Booking required bookwhen QR CODE or www.bookwhen.com/communitydevelopment



H.A.Y.
Cambridgeshire &
Peterborough

How Are You Cambridge is an NHS website which brings together activities going on in your local community that can give your wellbeing a boost. You can also find information about local professional or specialist support. The website helps **you** look after **you!**



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