

Trumpington Pavilion: Programme of Events | June 2025
Classes are weekly unless otherwise stated. Correct at time of printing.
Please contact class providers for more information.

Mondays		
Forever Active Pilates	11:40am – 12:40pm 12:45pm – 1:45pm	Visit: www.foreveractive.livingsport.co.uk Email: foreveractive@livingsport.co.uk Phone: 07432480105
Grey Heron Internal Arts T'ai Chi	2:30pm – 3:30pm	Visit: www.grey-heron.com Email: ghiacambridge@gmail.com
Forever Active Strength and Balance Class	3:45pm – 4:50pm	Visit: www.foreveractive.livingsport.co.uk Email: foreveractive@livingsport.co.uk Phone: 07432480105
Trumpington Stitchers	7pm – 9pm	Visit: www.trumpingtonstitchers.net
Tuesdays		
Women's Health and Wellbeing Session	24 th June 12pm – 2pm	All women welcome! No booking necessary. Email: Luthfa.Khatun@cambridge.gov.uk Phone: 07873220427
Fairbrite Food Club Trumpington	Starting 10 th June 4pm-6pm	Social Supermarket open 4:30pm with a free café available from 4pm. Email for more information and to volunteer: patrick.brown@ccfb.org.uk
Vedanta Wellness Yoga	7pm – 8:15pm	Visit: www.vedantawellness.co.uk Email: info@vedantawellness.co.uk
Wednesdays		
VIP's-Very Important Persons: Simply chat, tea and cake	11 th June 10:30am – 12:30pm	All welcome! No booking necessary. Email: CommunityEngagement@bpha.org.uk
Memory Café	18 th June 10am – 1pm	Visit: www.trumpington.church Email: admin@trumpington.church
Vedanta Wellness Yoga	7:30pm – 8:45pm	Visit: www.vedantawellness.co.uk Email: info@vedantawellness.co.uk
Thursdays		
Singing Mamas	10:30am-12noon	Email: singingmamaswithsally@outlook.com Visit: www.singingmamas.org
HealthyYou – FAME Falls Prevention service	1pm – 4pm	Visit: https://healthyyou.org.uk Phone: 0333 005 0093
Romsey Mill Youth Club School Years 6-8 School Years 9-11	4:30pm – 6pm 6:30pm – 8pm	Phone Laura Kahlbaum: 07851310258
Fridays		
Fairbrite Food Club Trumpington	11:30am – 1:30pm	Social Supermarket open 12pm-1:30pm with a free café available from 11:30am. Email for more information and to volunteer: patrick.brown@ccfb.org.uk
Balkan Dance for Fitness	7pm – 8pm	Visit: www.balkandance.fitness Email: info@balkandance.fitness
Saturdays		
Connected Lives – Body Mind Connection	14 th June 10am-11:30am	Visit: info@connectedlives.org.uk
Cambridge Nature Network-Community Nature Day	21 st June 10am-5pm	Visit: www.cambridgenaturenetwork.org/event/community-nature-day-trumpington-2/
Silat PSHT Martial Arts	6pm – 8pm	Email: pshtcabangengland@gmail.com Phone: 07311898299 / 07877266395
Sundays		
Silat PSHT Martial Arts	6pm – 8pm	Email: pshtcabangengland@gmail.com Phone: 07311898299 / 07877266395