

Trumpington Pavilion: Programme of Events | October 2024

Classes are weekly unless otherwise stated. The Pavilion is closed on Bank Holidays. Correct at time of printing.
Please contact class providers for more information.

| Mondays | | |
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| Grey Heron Internal Arts T'ai Chi | 2:30pm – 3:30pm | Visit: www.grey-heron.com Email: ghiacambridge@gmail.com |
| Trumpington Stitchers | 7pm – 9pm | Visit: www.trumpingtonstitchers.net |
| Tuesdays | | |
| Connected Lives – Goslings | 1 st , 8 th and 15 th October 1pm – 2:30pm | Visit: www.connectedlives.org.uk/cambridgeshire-hub Email: helen.bell@connectedlives.org.uk |
| Women's Health and Wellbeing Session | 22 nd October 12pm – 2pm | All women welcome! No booking necessary. Email: Luthfa.Khatun@cambridge.gov.uk Phone: 07873220427 |
| Vedanta Wellness Yoga | 7pm – 8:15pm | Visit: www.vedantawellness.co.uk Email: info@vedantawellness.co.uk |
| Wednesdays | | |
| Very Important Persons: Simply chat, tea and cake | 9 th October 10:30am – 12pm | All welcome! No booking necessary. Email: Kelly.smith@cambridge.gov.uk |
| Memory Café | 16 th October 10am – 12pm | Visit: www.trumpington.church Email: admin@trumpington.church |
| Vedanta Wellness Yoga | 7:30pm – 8:45pm | Visit: www.vedantawellness.co.uk Email: info@vedantawellness.co.uk |
| Thursdays | | |
| GK Fit Under 6's Multiskills Under 10's Dodgeball Ages 10-14 Dodgeball | 10am – 10:30am 10:30am – 11:30am 11:30am – 12:30pm | Visit: www.gkfit.co.uk/timetable Email: info@gkfit.co.uk |
| Romsey Mill Youth Club School Years 6-8 School Years 9-11 | 4:30pm – 6pm 6:30pm – 8pm | Phone Laura Kahlbaum: 07851310258 |
| Fridays | | |
| Fairbite Food Club Trumpington | 11:30am – 1:30pm | Social Supermarket open 12pm-1:30pm with a free café available from 11:30am. Email for more information and to volunteer: patrick.brown@ccfb.org.uk |
| Balkan Dance for Fitness | 7pm – 8pm | Visit: www.balkandance.fitness Email: info@balkandance.fitness |
| Saturdays | | |
| Trumpington Kids Clothes Hub – Free Children's Clothes for ages 2-12 pop up stall | 12 th October 10:30am – 12pm | Drop by to pick up any clothes that will be of use to you for free and bring along any children's clothes you wish to donate. Visit: www.trumpingtonkidsclotheshub.co.uk/ |
| Connected Lives – BodyMindConnection | 19 th October 10am – 11:30pm | Visit: www.connectedlives.org.uk/body-mind-connection Email: helen.bell@connectedlives.org.uk |
| Cambridge Solidarity Hub | 26 th October 4pm – 6pm | Visit: www.facebook.com/cambridgesolidarityhub Email: alex@downingplaceurc.org |
| Sundays | | |
| Deep Stretch & Relax | 5:15pm – 6:15pm | Danielle Crida Email: danielle.crida@gmail.com Phone: 07378172915 |