





Why REDUCE your food waste?

The best thing we can do is use up the food and drink we buy. All the water, energy and packaging used in food production, transportation and storage are wasted when we don't. This all contributes to climate change.

The average UK family throws away **£60** worth of food every month! So it pays to spend a little time planning meals, storing food correctly and using up leftovers.

Top tip:

For lots of ideas to make the most of your food, visit **www.** lovefoodhatewaste.com

If you have a garden, most uncooked food waste can be composted at home. Visit www.getcomposting.com for compost bin offers. Each year households in Greater Cambridge recycle around 4,700 tonnes of their food waste. Let's work together to recycle even more.

good to know

USE YOUR CADDY AND GREEN BIN TO COMPOST THE REST

Use your caddy for

✓ All uneaten food ∉ plate scrapings

- Mouldy or out of date food
 inc, ready meals removed from their packaging
- Peelings
- ✓ Tea bags \$ coffee grounds
- ✓ Bread & pastries
- Jairy products (inc. egg shells)
- ✓ Rice, pasta \$ beans
- ✓ Meat, fish & bones (raw & cooked)

Do not include

- × Packaging of any kind
- * Liquids such as milk, oil or fat
- × Compostable plastic 'bio' bags, cups, cutlery etc.

Top tip:

Compostable plastic 'bio' bags do not break down quickly enough in our fast composting process. Please don't use them

(•)

Recycling your FOOD WASTE has never been easier

Use a k the in caddy or any container with a lid. We recommend lining it with newspaper or paper liners. Keep the lid shut. When it is full, fold over the top of the liner and put it in your outdoor food and garden waste (green) bin.



Put your green bin out for collection by 6:00am on your normal recycling day.





6:00am

Have you got the right equipment?

To recycle food waste you must have an outdoor green wheelie bin, or be on a brown sack collection. Check the council website area below.

Top tip:

You can collect free soil improver made from the contents of the green bins at Thalia Waste Man goment Park near waterbeach.

Cambridge City

South Cambs

www.cambridge.gov.uk waste@cambridge.gov.uk 01223 45 200 www.scambs.gov.uk waste@scambs.gov.uk 01954 713000

Your recycling is really making a difference - thanks!

(•)

If you want to find out what happens to your recycling visit **www.recap.co.uk**