

Trumpington Pavilion: Programme of Events | December 2024

Classes are weekly unless otherwise stated. The Pavilion is closed on Bank Holidays. Correct at time of printing.
Please contact class providers for more information.

Mondays		
Grey Heron Internal Arts T'ai Chi	2:30pm – 3:30pm	Visit: www.grey-heron.com Email: ghiacambridge@gmail.com
Trumpington Stitchers	7pm – 9pm	Visit: www.trumpingtonstitchers.net
Tuesdays		
Connected Lives – Wellbeing Café	3 rd , 10 th December 9:30am – 11:30am	Visit: www.connectedlives.org.uk/cambridgeshire-hub Email: info@connectedlives.org.uk
Women's Health and Wellbeing Session	17 th December 12pm – 2pm	All women welcome! No booking necessary. Email: Luthfa.Khatun@cambridge.gov.uk Phone: 07873220427
Vedanta Wellness Yoga	7pm – 8:15pm	Visit: www.vedantawellness.co.uk Email: info@vedantawellness.co.uk
Wednesdays		
Very Important Persons: Simply chat, tea and cake	11 th December 10:30am – 12pm	All welcome! No booking necessary. Email: Kelly.smith@cambridge.gov.uk
Memory Café	18 th December 10am – 12pm	Visit: www.trumpington.church Email: admin@trumpington.church
Vedanta Wellness Yoga	7:30pm – 8:45pm	Visit: www.vedantawellness.co.uk Email: info@vedantawellness.co.uk
Thursdays		
GK Fit Under 6's Multiskills Under 10's Dodgeball Ages 10-14 Dodgeball	10am – 10:30am 10:30am – 11:30am 11:30am – 12:30pm	Visit: www.gkfit.co.uk/timetable Email: info@gkfit.co.uk
Romsey Mill Youth Club School Years 6-8 School Years 9-11	4:30pm – 6pm 6:30pm – 8pm	Phone Laura Kahlbaum: 07851310258
Fridays		
Fairbite Food Club Trumpington	11:30am – 1:30pm	Social Supermarket open 12pm-1:30pm with a free café available from 11:30am. Email for more information and to volunteer: patrick.brown@ccfb.org.uk
Balkan Dance for Fitness	7pm – 8pm	Visit: www.balkandance.fitness Email: info@balkandance.fitness
Saturdays		
Connected Lives – BodyMindConnection	14 th December 10am – 11:30pm	Visit: www.connectedlives.org.uk/body-mind-connection Email: helen.bell@connectedlives.org.uk
Cambridge Solidarity Hub	21 st December 4pm – 6pm	Visit: www.facebook.com/cambridgesolidarityhub Email: alex@downingplaceurc.org
Sundays		
Deep Stretch & Relax	1 st , 8 th , 15 th December 5:15pm – 6:15pm	Danielle Crida Email: danielle.crida@gmail.com Phone: 07378172915