

# Get Moving Cambs

Your guide to indoor and outdoor sports facilities – get moving, get active, have fun!

For locations see map overleaf.

## FREE activities in green & open spaces

All free to use and non-bookable.

- 1 **Abbey Leisure Complex & Coldhams Common**, Pool Way (off Whitehill Road), Cambridge, CB5 8NT: *Splash Pad, Table Tennis (x2), Run Route, Basketball Hoops, BMX Track, Outdoor Gym, Multi Use Games Area (MUGA), Grass Pitches, Cycle Route, FitKit, Love Exploring Trail.*
- 2 **Barnwell Road Tennis Court**, Cambridge, CB5 8RQ: *Tennis Court (x1).*
- 3 **Browns Field Community Centre**, 31a Green End Rd, Cambridge, CB4 1RU: *Table Tennis (x1), Scooter Park.*
- 4 **Cambridge University Sports Centre**, Philippa Fawcett Drive, Cambridge, CB3 0AS: *Table Tennis (x1).*
- 5 **Cambridge Science Park**, Cambridge, CB4 0GQ: *Table Tennis (x1).*
- 6 **Cherry Hinton Hall**, Cherry Hinton Road, Cambridge, CB1 8DW: *Paddling Pool, Run Route, Table Tennis (x2), Tennis Court (x1), Love Exploring Trail, Sensory Walk.*
- 7 **Cherry Hinton Recreation Ground**, High Street, Cherry Hinton, Cambridge, CB1 9EJ: *BMX Track, Skate Park, Table Tennis (x1), Panna (x1).*
- 8 **Chesterton Recreation Ground**, Church Street, Chesterton, CB4 1DH: *Skate Ramp, Table Tennis (x1).*
- 9 **Christ's Pieces**, Emmanuel Road, Cambridge, CB1 1JW: *Tennis Courts (x4), Table Tennis (x3), Netball Court (x1).*
- 10 **Coldhams Lane Play area**, Cambridge, CB1 3HH: *Basketball Hoops, Skate Ramp.*
- 11 **Coleridge Recreation Ground**, Davy Road, Cambridge, CB1 3QW: *Tennis Courts (x2), Table Tennis (x1), Splash Pad/Paddling Pool, MUGA.*
- 12 **Ditton Fields Recreation Ground**, Cambridge, CB5 8QL: *Basketball Hoops, Outdoor Gym, Five-a-Side Goals.*
- 13 **Eddington**, Cambridge, CB3 1AA: *Outdoor gym, table tennis (x1), cycle and walking routes*

- 14 **Fison Road Recreation Ground** (Thorpe Way Play Area), Cambridge, CB5 8TL: *BMX Track, Outdoor Gym, Multi Use Games Area (MUGA), Skate Park, Climbing Boulders with Climbing Net.*
- 15 **Green End Recreation Ground**, Green End Road, Cambridge, CB4 1RU: *Basketball Hoops, Bouldering Wall, Outdoor Gym, Panna (x1), Five-a-Side Goals.*
- 16 **Histon Road Recreation Ground**, Cambridge, CB4 3QE: *Table Tennis (x1) Climbing Boulder (x1), Five-a-Side (all-weather surface), Basketball Hoops.*
- 17 **Jesus Green**, Cambridge, CB4 3BD: *Tennis Courts (x4 Hard, x2 Grass), Run Route, Skate & BMX Park, Table Tennis (x1).*
- 18 **Lammas Land**, Cambridge, CB3 9EY: *Tennis Court (x1), Table Tennis (x1), Paddling Pool, Sensory Walk.*
- 19 **Logan's Meadow**, Cambridge, CB4 1BL: *Outdoor Gym, football kickabout area.*
- 20 **Nightingale Recreation Ground**, Cambridge, CB1 8SG: *Tennis Courts (x2), Run Route, Table Tennis (x1), Basketball Hoops, MUGA, Outdoor Gym.*
- 21 **Nuns Way Recreation Ground**, Cambridge, CB4 2NR: *Floodlit MUGA, BMX Track, Basketball Hoops.*
- 22 **Parkside Pools & Gym**, Gonville Place, Cambridge, CB1 1LY: *Skate Park, BMX Track, Table Tennis (x2).*
- 23 **Romsey Recreation Ground**, Vinery Road, Cambridge, CB1 3DT: *Basketball Hoops, MUGA, Outdoor Gym, Climbing Boulder Wall (x1), Table Tennis (x1), Run Route.*
- 24 **Sheeps Green Learner Pool**, via Barton Road, Cambridge, CB3 9PA: *Outdoor Learner Pool.*
- 25 **St Albans Recreation Ground**, St Catherines Road, Cambridge, CB4 3XJ: *Skate Ramp, Basketball Hoops, MUGA.*
- 26 **The Pulley Recreation Ground**, off Buchan Street, Cambridge, CB4 2XF: *Splash Pad, Outdoor Gym (Junior), Table Tennis (x1).*
- 27 **Trumpington Meadows Country Park**, Cambridge CB2 9LJ: *Run Route, Walking Routes, Cycle Paths, Sensory Walk.*
- 28 **Trumpington Meadows**, Kestrel Rise, Trumpington CB2 9AY: *Tennis Court (x1), MUGA, Basketball Hoops, Outdoor Gym off Consort Avenue.*
- 29 **Trumpington Recreation Ground**, Paget Road, Cambridge, CB2 9JT: *Table Tennis (x1), Basketball Hoops, Tennis Court (x1), MUGA, Outdoor Gym, BMX/Scooter track.*

## Community Sport and Leisure Centres

The following Sport & Leisure Centres are working in partnership with the City Council's Active Lifestyles Team (for locations see map overleaf)

**XR** = Exercise Referral site, offering tailor made exercise programmes for adults with long term medical conditions.

- A Parkside Pools and Gym**, CB1 1LY **XR**  
[www.better.org.uk/parksidepools](http://www.better.org.uk/parksidepools)
- B Cherry Hinton Village Leisure Centre**, CB1 9EJ **XR**  
[www.better.org.uk/cherryhintonvillageleisurecentre](http://www.better.org.uk/cherryhintonvillageleisurecentre)
- C Abbey Leisure Complex**, CB5 8NT **XR**  
[www.better.org.uk/abbeyleisurecomplex](http://www.better.org.uk/abbeyleisurecomplex)
- D Kings Hedges Learner Pool**, CB4 2XF  
[www.better.org.uk/kingshedgeslearnerpool](http://www.better.org.uk/kingshedgeslearnerpool)
- E Jesus Green Lido**, CB4 3AX  
[www.better.org.uk/jesusgreenlido](http://www.better.org.uk/jesusgreenlido)
- F Kelsey Kerridge Sports Centre**, CB1 1NA  
[www.kelseykerridge.co.uk](http://www.kelseykerridge.co.uk)
- G Cambridge University Sports Centre**, CB3 0AS  
[www.sport.cam.ac.uk](http://www.sport.cam.ac.uk)
- H Chesterton Sports Centre**, CB4 3NY **XR**  
[www.chestertonsportscentre.co.uk](http://www.chestertonsportscentre.co.uk)
- J Hills Road Sports and Tennis Centre**, CB2 8PF **XR**  
[www.hillsroadsportscentre.co.uk](http://www.hillsroadsportscentre.co.uk)
- K Netherhall Sports Centre**, CB1 8NN **XR**  
[www.netherhall.org/sportscentre](http://www.netherhall.org/sportscentre)
- L Trumpington Sport**, CB2 9HB  
[www.aclisure.com](http://www.aclisure.com)
- M Leys Sports Complex**, CB2 7AD  
[www.theleys.net/leys-leisure](http://www.theleys.net/leys-leisure)
- N Cambridge Regional College**, CB4 2QT  
[www.thepark-cambridge.co.uk/sports-centre-gym](http://www.thepark-cambridge.co.uk/sports-centre-gym)
- P North Cambridge Academy**, CB4 2JF  
[www.northcambridgeacademy.org/community](http://www.northcambridgeacademy.org/community)
- Q The Meadows Community Centre**, CB4 2JL **XR**  
[www.cambridge.gov.uk/meadows-community-centre](http://www.cambridge.gov.uk/meadows-community-centre)

Provision is subject to change, see [www.cambridge.gov.uk/sport](http://www.cambridge.gov.uk/sport) for updates  
Version 3.0 / June 2022



**Free for everyone**  
[www.parkrun.org.uk](http://www.parkrun.org.uk)

Join us at 9am every Saturday at Coldham's Common or Storey's Field  
Junior parkrun, Coldham's Common, Sundays 9am



Every Saturday 10-11am  
Jesus Green, Cambridge

Players of all ages & abilities welcome

### Supporting your health and wellbeing

**Healthy You is a Free service** for Cambridgeshire and Peterborough residents who are looking to make changes to their lifestyle. Whether you want help to stop smoking, lead a more active lifestyle, lose some weight, or simply take advantage of the NHS Health Checks we offer, Healthy You can help you every step of the way.

Text **HEALTHYU** to **60777**  
Call **0333 005 0093**  
Visit [www.healthyyou.org.uk](http://www.healthyyou.org.uk)

Funded by   **Healthy You**

## LOVE EXPLORING

Take an augmented reality adventure with Love Exploring!



Discover a range of FREE adventure trails around the grounds of Cherry Hinton Hall and Coldham's Common.

Simply download the FREE 'Love Exploring' app onto your smartphone and search 'Cambridge'.

With new games and trails added and updated throughout the year, there is plenty of fun to be had with all the family.

[www.loveexploring.co.uk](http://www.loveexploring.co.uk)

### Find out More

-  [www.cambridge.gov.uk/sport](http://www.cambridge.gov.uk/sport)
-  [sport@cambridge.gov.uk](mailto:sport@cambridge.gov.uk)
-  [@getmovingcam](https://www.facebook.com/getmovingcam)
-  [@getmovingcambridge](https://www.instagram.com/getmovingcambridge)









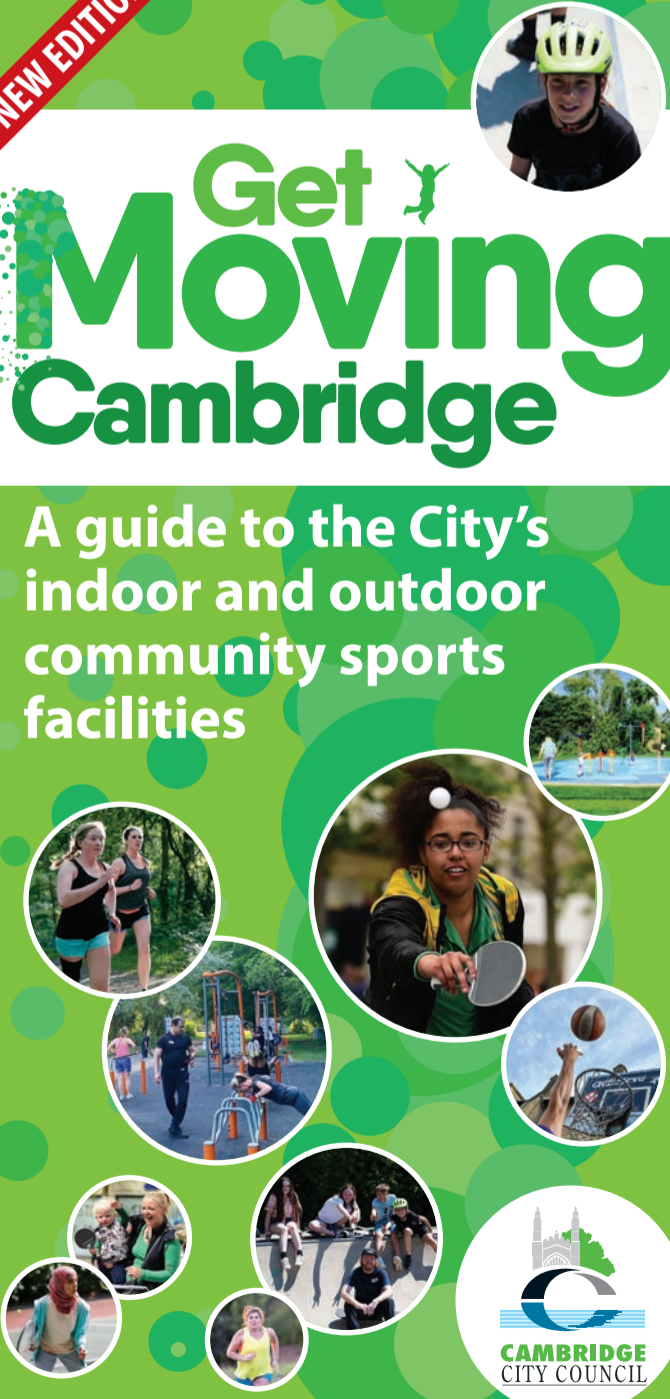





**NEW EDITION\***


# Get Moving Cambridge

A guide to the City's indoor and outdoor community sports facilities



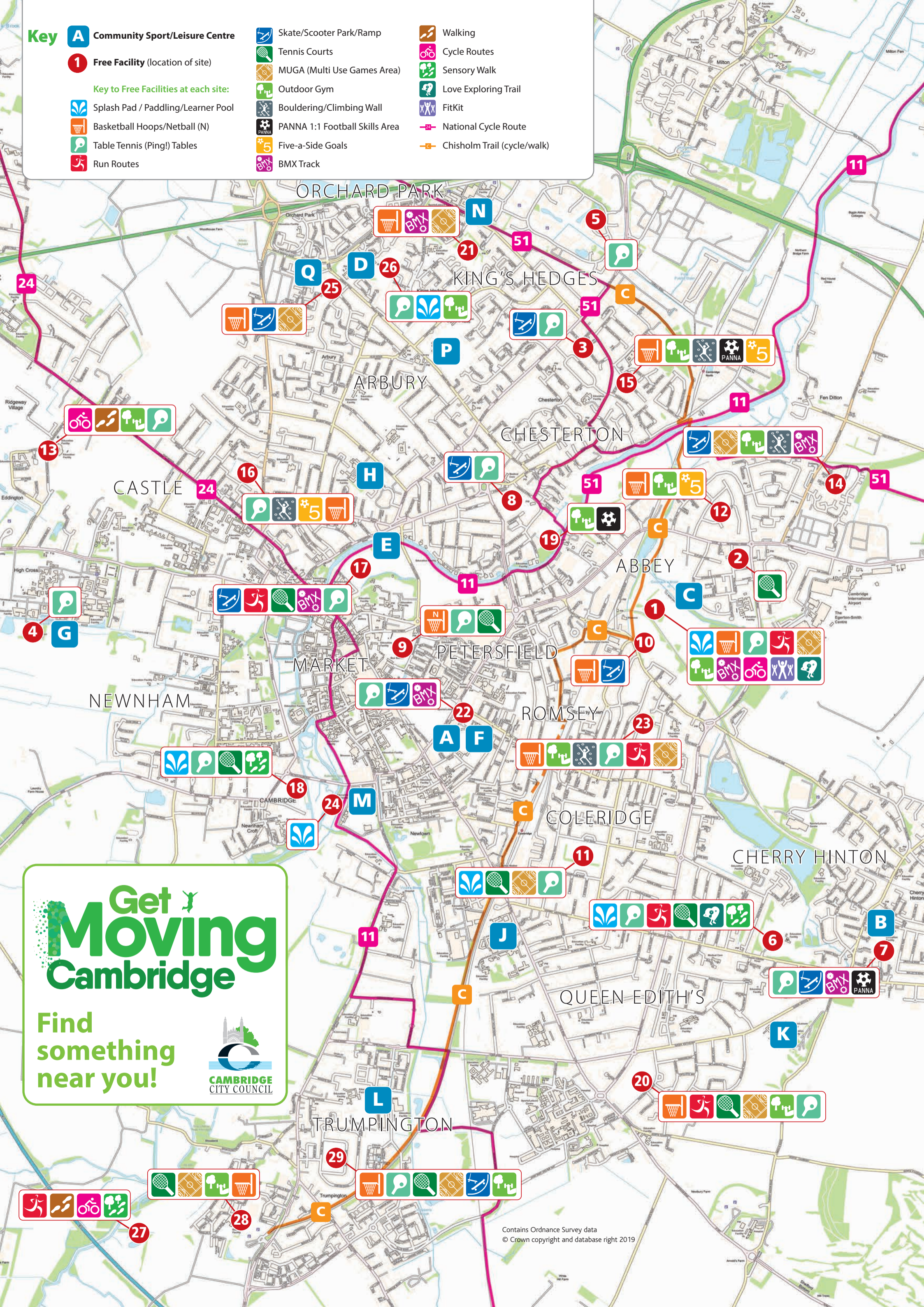
\*May 2022

**Find something near you!**



**Key**

<b>A</b> Community Sport/Leisure Centre	Skate/Scooter Park/Ramp	Walking
<b>1</b> Free Facility (location of site)	Tennis Courts	Cycle Routes
<b>Key to Free Facilities at each site:</b>	MUGA (Multi Use Games Area)	Sensory Walk
Splash Pad / Paddling/Learner Pool	Outdoor Gym	Love Exploring Trail
Basketball Hoops/Netball (N)	Bouldering/Climbing Wall	FitKit
Table Tennis (Ping!) Tables	PANNA 1:1 Football Skills Area	National Cycle Route
Run Routes	Five-a-Side Goals	Chisholm Trail (cycle/walk)
	BMX Track	



**Get Moving Cambridge**

Find something near you!

CAMBRIDGE CITY COUNCIL

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