

# Meadows Community Centre

Ground Floor

Children & Family

Cafe ☕

Toilets 🚻

Changing

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First Floor

Nigel Game

Meeting

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December Programme



# December Programme

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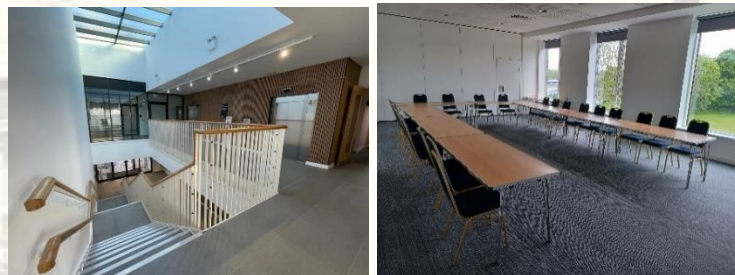
## December Hours

We will be open until Christmas Day on Wednesday 25, December and reopen for a Community Winter Warmer from 10.30am to 1.30pm on Monday, 30 December. We will be closed on New Years Day and reopen as normal on Thursday, 2 January.

## Book an event with us!



We have bright and spacious meeting rooms upstairs available for anyone in the community to hire depending on availability! Pictured above is an example set up for Rooms 1 and 2 with the divider down for a larger party!



Rooms 1 and 2 are located above the stairs and accessible via two lifts. The windows face out onto St Alban's Recreation Ground. Room 1 and 2 have been booked for classes, meetings, parties, coding activities, church services, and so much more!

If interested, send us your information and any questions regarding a room booking to [meadows@cambridge.gov.uk](mailto:meadows@cambridge.gov.uk) and our Senior Supervisor or Manager will be in touch within 3 working days!



## December Programme

# CHRISTMAS Big Shout Out!

IT'S THE TIME OF THE YEAR WHEN WE  
NEED YOUR HELP AGAIN.

WE ARE LOOKING FOR DONATIONS OF TOYS AND GAMES THAT WILL BE DISTRIBUTED  
AMONGST THE FAMILIES IN NEED, DURING CHRISTMAS.

TOYS CAN BE DONATED IN SEVERAL WAYS. WE HAVE TWO WISHLISTS FOR EASY  
CHOICES WHICH CAN BE FOUND HERE:

[HTTPS://WWW.JOHNLEWIS.COM/WISH-LIST/TDMFQFK](https://www.johnlewis.com/wish-list/tdmfqfk)

[HTTPS://LIGHTHOUSE TOYS.CO.UK/TOY-DRIVE-WISHLIST/](https://lighthouse toys.co.uk/toy-drive-wishlist/)

OR YOU CAN SCAN THE QR CODES FOR EASY ACCESS:



PLEASE ARRANGE FOR DELIVERY OF MAIL ORDER GIFTS FROM WISH LISTS OR  
OTHER SUPPLIERS TO: CHRISTMAS PROJECT, BROWNSFIELD YCC, 31A GREEN END  
ROAD, CAMBRIDGE CB4 1RU.

NEW TOYS AND GAMES FOR THE PROJECT CAN BE DROPPED OFF AT THE NATWEST  
BANK ON PETTY CURY, CB1 3NE IN OPENING HOURS OR CITY COUNCIL COMMUNITY  
CENTRES; CLAY FARM ON HOBSON SQUARE, THE MEADOWS ON ARBURY ROAD OR  
BROWNSFIELD ON GREEN END ROAD IN OPENING HOURS (USUALLY MON-FRI  
BETWEEN 9 AND 4)

IN CASE OF ANY QUERIES PLEASE GET IN TOUCH  
[TACKLINGPOVERTY@CAMBRIDGE.GOV.UK](mailto:TACKLINGPOVERTY@CAMBRIDGE.GOV.UK)

# December Programme

## Leisure Activities



### Bingo Night

Bingo meets every **Friday**; doors open at 6.30pm for a 7 to 9.30pm fun social event. Come play Bingo, no membership needed. Call Emma for more information: 07984 123680



### **NEW** Christmas Party

Meadows Community Centre

**Friday 13 December**, 4.30 to 6.30pm. Come join us for a Christmas disco, games, crafts, sandwiches and snacks. Entertainment by DNA Kids! Tickets are £1 per child, available at Reception—be sure to get yours before they sell out! For more information, contact Meadows Community Centre at 01223 508140 or visit us during opening hours, 8.45am to 5pm.



### Community Theatre

Bedazzle

**Saturdays**, 2.30 to 5pm. Performing arts classes for adults with disabilities. Learn new dance moves, get your vocal cords moving and most importantly have fun!

Call: 07494 091077, Email: [OfficeAdmin@BedazzleArts.org](mailto:OfficeAdmin@BedazzleArts.org) More information is available at [Home | Bedazzle Arts](#) or [Bedazzle Arts | Twitter, Instagram, Facebook | Linktree](#)



### **NEW** Bulgarian Film Screening

Wild Rose Events

**Saturday, 7 December**, 4 to 6pm. Come see the premiere of a movie called, "Without Wings," based on the real life of Paralympian in long jump, Mikhail Hristov. The event will include English subtitles and is not recommended for children under 12. Further details and tickets available at [Eventbrite](#)



### Quilting Workshops

Cambridge Quilters

Meetings take place from 7 to 9pm on the **second Wednesday** evening of each month, except August. All abilities welcome. If you would like to become part of the Quilters community and join like-minded people with a passion for quilting, email Marion Curtis at [chair@cambridgequilters.com](mailto:chair@cambridgequilters.com). More information is available at [Cambridge Quilters - Join Us](#)



# December Programme



## Watercolour Painting Classes

Arbury Artists

**Tuesdays**, 10am to midday. Watercolour art classes for adults. Call: 01223 523680 Email: [abfabcelia@yahoo.co.uk](mailto:abfabcelia@yahoo.co.uk)



## **NEW** Winter Warmer

Meadows Community Centre

**Monday 30 December**, 10.30am to 1.30pm. Are you looking for a cosy and warm place to mingle? We will be opening our Centre for all to enjoy FREE mince pies, hot refreshments, and boardgames. We will also have soft play and Lego available for children. No booking necessary, just drop by!

## Health and Fitness



## Baby and Postnatal Yoga

Yoga Bright

**Mondays**, 10.30 to 11.30am. A safe space for mums and babies from 6 weeks old to crawling, £56 for 6 weeks or £10 for single sessions. We will sing songs together, whilst you learn some massage and movement techniques to help your baby. Book your place at [Yoga | Yoga Bright](http://YogaBright.com) Email: [lisa@yoga-bright.com](mailto:lisa@yoga-bright.com) Call: 07855 429934



## Bat and Chat

Get Moving Cambridge

**Thursdays**, 10.30am to midday for those aged 50+. Bat and Chat is an informal, non-competitive game of table tennis, boccia, and curling, with time for tea, coffee, and a chat at 11.30am. Sessions are only £3, and you can drop in anytime once booked. You can view more information or book your place at [Bookwhen Cam Sport Bat and Chat](http://BookwhenCamSport.com)



## “Beezee Families” Healthy Lifestyle Programme

Maximus

**Tuesdays**, for 4- to 12-year-olds. Beezee Families is a free 12-week healthy lifestyle programme to help 4-to 12-year-olds eat well, stay active and have fun doing it! You and your family will get practical advice from experts, a range of recipes, and a chance to get involved in lots of fun activities. Sign up today at [Maximus UK](http://MaximusUK.com)

# December Programme



## Beginners Yoga

Forever Active

**Tuesdays**, 9.45 to 10.45am and 11am to midday for those aged 50+.

This class takes the approach of developing strength, flexibility, good breathing habits, relaxation & concentration. Call: 07432 480105 Email:

[enquiries@forever-active.org.uk](mailto:enquiries@forever-active.org.uk) More information is available at [Forever Active Cambs](#)



## DDMix Dance Fitness

Get Moving Cambridge

**Fridays**, 9.30 to 10.30am from 20 September to 13 December (excluding 1 November). DDMix is a great workout covering different dance genres and eras, delivered by local dance teacher, Victoria Quirke and no experience is necessary. More information available at

[12 Weeks to Wellbeing: Programme information - Cambridge City Council](#)



## Exercise to Music

Forever Active

**Fridays**, midday to 1pm. Aerobic fitness routine to improve stamina and work the cardiovascular system, followed by arm and floor exercises. Equipment required: resistance band & mat. Call: 07432 480105, Email: [enquiries@forever-active.org.uk](mailto:enquiries@forever-active.org.uk) More information is available at [www.forever-active.org.uk/classes/](http://www.forever-active.org.uk/classes/)



## Fitness Pilates

Pound Rock Out with Me

**Wednesdays**, 6.30 to 7.30pm. Join an amazing Fitness Pilates class and enjoy exercising in a fun fitness community of like-minded women! £6 PAYG or £25 for 5 classes. To book your FREE trial visit [Fitness Pilates](#) Email: [poundrockoutwithme@gmail.com](mailto:poundrockoutwithme@gmail.com)



## Indoor Badminton or Table Tennis

Meadows Community Centre

Want to play Badminton or Table Tennis? You can book on the day or the week of for only £5 for a half hour session of table tennis or £12 an hour for badminton. Table tennis is provided in the downstairs hall and badminton in Nigel Gawthrop Hall, provided the room is free. Just ask at reception or call 01223 508140.



# December Programme

**FREE**

Meadows  
Community  
Centre

## Winter Warmer

Join us for hot drinks, minced pies, and a chat!

Board games will be available to play.  
Lego and soft play will be set up for children.

Monday 30 December from 10.30am to 1.30pm  
299 Arbury Road, CB4 2JL

CAMBRIDGE  
CITY COUNCIL

# December Programme



## Long-Term Conditions Circuit exercise

Heartbeat Fitness

**Tuesdays**, 1.15 to 2.15pm. Circuit fitness class for adults who have a musculoskeletal disease, cardiac or respiratory events, chronic pain, Parkinson's Disease, Multiple Sclerosis, or Stroke. Call: 01223 571431, Email: [heartbeatfitness@ntlworld.com](mailto:heartbeatfitness@ntlworld.com) More information is available at [Cambridge City Council LTC Fitness](#)



## Mixed Martial Arts

GPC MMA

**Tuesdays**, 6.15 to 8.15pm. Children's, teens and adult's classes teach easy to learn, real self-defence. Classes build self-confidence, refine balance and coordination and put your personal development at the centre of our work. Call: 07748 683827, Email: [gpcmartialarts@gmail.com](mailto:gpcmartialarts@gmail.com). More information is available at [GPC MMA](#)



## Pound Fitness Family Workout

Get Moving Cambridge

**Mondays**, 6.15 to 7pm. This is a fun, full-body workout using exercise drumsticks that will help you and your kids not only improve their physical health, but also boost their confidence and self-esteem. Each weekly class is a 45-minute electrifying jam session that combines cardio, strength training and mat exercises – all set to your favourite soundtrack! Sessions are only £3 for adults and £1 for children. Book your place online at [Bookwhen](#)



## Pre-Ffit

Forever Active

**Tuesdays**, 12.15pm to 1.15pm for those aged 50+. This class includes standing strengthening exercises, with seated options, balance exercises, with support options, and exercises to help you feel more steady on your feet and gain more confidence with your balance. Call: 07432 480105, Email: [enquiries@forever-active.org.uk](mailto:enquiries@forever-active.org.uk). More information is available at [Forever Active Cambs](#)



## Rehabilitation Exercise Circuits

And the Beat Goes On

**Thursdays**, 4.30 to 5.30pm and 6 to 7pm. Fitness classes suitable to those with cardiac and/or pulmonary conditions. Contact Steve Symonds. Call: 07861784455. Email: [atbgo2018@gmail.com](mailto:atbgo2018@gmail.com) More information is available at [And the Beat Goes On](#)



# December Programme



## Strength and Balance

Forever Active

**Fridays**, 1 to 2pm for those aged 50+. This class is chair based and designed to improve your strength and balance. It is a great way of starting to get back to feeling confident and reducing your risk to falling. Call: 07432 480105 Email: [enquiries@forever-active.org.uk](mailto:enquiries@forever-active.org.uk) More information is available at [Forever Active](#)



## Taoist Tai Chi

Taoist Tai Chi™ arts

**Wednesdays**, 7 to 8pm. Taoist Tai Chi™ practice is a powerful way to let go of worry and anxiety. It is a moving meditation that reduces stress and helps you find joy and physically it makes you energetic, balanced and supple. Visit our website to register for introductory sessions: [Taoist Tai Chi at Meadows Community Centre](#) Phone: 07597 613392 or email: [fsargeant@taoisttaichi.org](mailto:fsargeant@taoisttaichi.org).



- **Target Dance**

Target Dance Company

**Wednesdays**, 5 to 8pm and **Saturdays** 9am to 1pm for ages 3 to 18. We have classes in Ballet, Jazz, Musical Theatre, Contemporary, Street Dance, Acro and Tap. All teachers are highly experienced industry professionals, and everyone is welcome! Please enquire for a free trial class in September: [targetdancecompany@gmail.com](mailto:targetdancecompany@gmail.com) or visit [Target Dance Company](#)



- **NEW Team Games**

Rabble

**Monday evenings**. Exercise sessions are remixed team games, so each one is different. They are fun social team games, from playground classics to games based (loosely) on famous tales. To book a slot visit [Cambridge - Fun Fitness - Rabble](#). For more information, visit [Join Rabble](#) or email: [hello@joinrabble.com](mailto:hello@joinrabble.com)



## Yoga for Health

Get Moving Cambridge

**Tuesdays**, 6 to 7pm. This yoga class is suited to the absolute beginner and anybody who is wishing to improve their flexibility, muscular poise, and state of mind. Mats are available to borrow, and the class starts from just £3 per session. For more information or to book your place: [bookwhen.com/camsport](http://bookwhen.com/camsport)

# December Programme

## Children and Young Adults



### “Beezee Families” Healthy Lifestyle Programme

Maximus

**Tuesdays**, for 4- to 12-year-olds. Beezee Families is a free 12-week healthy lifestyle programme to help 4-to 12-year-olds eat well, stay active and have fun doing it! You and your family will get practical advice from experts, a range of recipes, and a chance to get involved in lots of fun activities. Sign up today at [Maximus UK](https://www.maximusuk.com)



### **NEW** Christmas Party

Meadows Community Centre

**Friday 13 December**, 4.30 to 6.30pm. Come join us for a Christmas disco, games, crafts, sandwiches and snacks. Entertainment by DNA Kids! Tickets are £1 per child, available at Reception—be sure to get yours before they sell out! For more information, contact Meadows Community Centre at 01223 508140 or visit us during opening hours, 8.45am to 5pm.



### Daytime Multi-sports

GK Fit

**Monday** sessions on 2 and 9 December. Little Skills for 3+ 11am to 11.30am, multi-sports for 5+ 11.30am to 12.30pm, and multi-sports for 7+ 12.40 to 1.40pm. Fun and inclusive multisport sessions for children under 16 who are out of school or home educated. To book, go to [Sports at the Meadows: Booking and consent form](#). Any questions, please get in touch before you complete the form at: [info@gkfit.co.uk](mailto:info@gkfit.co.uk) or visit [GK Fit](https://www.gkfit.co.uk)



### Drama for Home Educated Children

Cambridgeshire Home Educating Families

**Monday** sessions dependent on age and experience, for children aged 5 to teens. These sessions are run in collaboration with an engaging DBS-checked drama teacher and are a great way to make friends, negotiate and collaborate. For more information or to book please visit [Monday drama venue](#) or email [mondaydramacambridge@gmail.com](mailto:mondaydramacambridge@gmail.com)



### Family Drop-in Services

Meadows Children and Family Wing

We provide a community lunch on **Tuesdays**, 9.30am to midday and a community breakfast on **Fridays**, 9.30am to 12.30pm. Our family support workers offer advice, guidance and support for families and our



# December Programme

play workers facilitate positive play and learning activities for families to enjoy together. Call: 01223 508144 Email:

[info@mcfw.co.uk](mailto:info@mcfw.co.uk) or [info@mcfw.co.uk](mailto:info@mcfw.co.uk), More information is available at [The Meadows Children & Family Wing](#) or [MCFW Facebook](#)



## Lego Club

**Mondays**, 3.30 to 5pm. We offer a FREE Lego Club for children aged 3+ during term time in the Café. No booking necessary. Children must be supervised by an adult. Lots of Lego available to play so come and join us after school!



## **NEW** Winter Warmer

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- **Mixed Martial Arts**

GPC MMA

**Tuesdays**, 6.15 to 8.15pm. Children's, teens and adults' classes teach easy to learn, real self-defence. Classes build self-confidence, refine balance and coordination and put your personal development at the centre of our work. Call: 07748 683827, Email:

[gpcmartialarts@gmail.com](mailto:gpcmartialarts@gmail.com). More information is available at [GPC MMA](#)



## **Positions Available!** Nursery

Moonbeams

We are a small, friendly, independent charity-led Preschool serving the Arbury/King's Hedges communities. We provide full-time and session based childcare **Monday to Friday** during school terms for 2 to 3+ year olds. Moonbeams are also looking for an enthusiastic, fun, reliable person to join our team for 35 hours per week, term time only. If

interested in joining their team, please email Stephanie Champion on

[Moonbeams.preschool@gmail.com](mailto:Moonbeams.preschool@gmail.com) or call or text: 07780 187003

(Monday to Friday 9am to 3pm). More information is available at

[Moonbeams Preschool](#)

# December Programme

Meadows  
Community  
Centre

# CHRISTMAS DISCO

Join us for festive games, crafts, music,  
sandwiches and snacks!

FRIDAY 13  
DECEMBER



4.30 TO  
6.30PM

299 Arbury Road, Cambridge, CB4 2JL

£1 Child tickets available at  
Reception from 8.45 to 5pm



# December Programme



## Pound Fitness Family Workout

Get Moving Cambridge

**Mondays**, 6.15 to 7pm. This is a fun, full-body workout using exercise drumsticks that will help you and your kids not only improve their physical health, but also boost their confidence and self-esteem. Each weekly class is a 45-minute electrifying jam session that combines cardio, strength training and mat exercises – all set to your favourite soundtrack! Sessions are only £3 for adults and £1 for children. Book your place online at [Bookwhen](#)



## Target Dance

Target Dance Company

**Wednesdays**, 5 to 8pm and **Saturdays** 9am to 1pm for ages 3 to 18. We have classes in Ballet, Jazz, Musical Theatre, Contemporary, Street Dance, Acro and Tap. All teachers are highly experienced industry professionals, and everyone is welcome! Please enquire for a free trial class in September: [targetdancecompany@gmail.com](mailto:targetdancecompany@gmail.com) or visit our website [Target Dance Company](#)



## Youth Club

Romsey Mill

Romsey Mill provides afterschool clubs every **Friday** from 3.30 to 5pm for Years 6, 7, 8, **Thursday** from 3.30 to 5pm for Years 8 and 9, and **Thursday evenings** from 7.30 to 9pm for Years 10+. Romsey Mill is a Cambridgeshire-based charity providing programmes to enhance personal and social skills and assist in education and training. Call: 01223 213162 Email: [info@romseymill.org](mailto:info@romseymill.org) More information is available at [Romsey Mill](#) or [www.facebook.com/romseymill](http://www.facebook.com/romseymill)

## Support and Guidance



## Advice for Citizens

Citizens Advice Bureau

**By appointment only**, [caba@cambridgecab.org.uk](mailto:caba@cambridgecab.org.uk) (for enquiries only), 0808 278 7808 (Free advice line Monday to Friday 9.00 to 5.00pm), more information is available at [Citizens Advice Cambridge & District Homepage](#). For a new Universal Credit claim, call 0800 144 8444 or chat online Monday to Friday, 8am to 6pm. [Citizens Advice Cambridge & District Contact Page](#)

# December Programme



## Antenatal and Postnatal Courses

National Childbirth Trust (NCT)

Courses run on **various dates** and times depending on due date. Please contact us to find the ideal course for you or to ask any questions: Email: [bookingsupport.team2@nct.org.uk](mailto:bookingsupport.team2@nct.org.uk) Call: 020 8752 9192. More information is available at [The UK's leading charity for parents | NCT](#)



## Baby and Postnatal Yoga

Yoga Bright

**Mondays**, 10.30 to 11.30am. A safe space for mums and babies from 6 weeks old to crawling, £56 for 6 weeks or £10 for single sessions. We will sing songs together, whilst you learn some massage and movement techniques to help your baby. Book your place at [www.yoga-bright.com/](http://www.yoga-bright.com/) Email: [lisa@yoga-bright.com](mailto:lisa@yoga-bright.com) Call: 07855 429934



## Hearing Help

Cambridgeshire Deaf Association

Hearing Help provides a range of information, advice and NHS hearing aid maintenance and battery supply services to thousands of local people with hearing loss, and their family and carers. Drop-in sessions run on the **fourth Thursday of the month** from 10am midday. More information is available at [Cambridgeshire Hearing Help](#) Call: 01223 416141 Text: 07429 231230 E-mail: [office@cambsdeaf.org](mailto:office@cambsdeaf.org)



## Seniors Computer Club

Cambridge Online

**Mondays and Thursdays**, 9.30 to midday drop-in service. Free help with technology and the internet. Come learn stress-free, with friendly staff and access services safely online. More information is available at [Cambridge Online](#) Call: 01223 800450



## Work and Health Employment Hub

Citizens Advice Bureau

**Tuesday mornings**. We can help those with a health condition or disability, aged 18 to 65 to access training, education, volunteering, CV support, links to confidence and wellbeing activities and connections to help you get back into work. Email [healthemployhub@cambridgecab.org.uk](mailto:healthemployhub@cambridgecab.org.uk) to find out more. If you need advice about anything else, please see Advice for Citizen's information on page 8 of our programme.



# December Programme

## Religious and Faith Groups



### Buddhist Group

#### SGI-UK

Soka Gakkai UK (SGI-UK) holds a monthly meeting on the **first Sunday** every month. SGI UK is a socially engaged Buddhist movement for peace based on the Buddhist teachings of Nichiren Daishonin. For further information, please consult their official website: [SGI-UK Buddhism in Action for Peace](http://SGI-UK Buddhism in Action for Peace)



### Church Service

#### Bethesda

**Sundays** 10.30am to 1.30pm. The Apostolic Faith Mission International Ministries (UK) is a vibrant, growing Pentecostal movement registered in England and Scotland. Our Assembly in Cambridge caters for men, women, students, children and all who believe in Jesus Christ. Contact: 07554 579140 or 07711 015305, [pastor@afmcambridge.church](mailto:pastor@afmcambridge.church) or [info@afmcambridge.church](mailto:info@afmcambridge.church) More information is available at [Bethesda Assembly Cambridge](http://Bethesda Assembly Cambridge)



### Church Service

#### Church of the United Nations

**Sundays**, 10.45am to 1.45pm. The Church of United Nations is a non-denominational church for all regardless of age, gender, race and class. Contact: [united-nations@hotmail.co.uk](mailto:united-nations@hotmail.co.uk). More information is available at [The Church of United Nations](http://The Church of United Nations)



### Church Service

#### Mountain of Fire and Miracles Citadel of Grace

**Saturdays and Sundays** 10.30 to 12.30pm. MFM Ministries is a full gospel ministry devoted to the Revival of Apostolic Signs, Holy Ghost fire and the unlimited demonstration of the power of God to deliver to the uttermost. Call: 07561 292712 Email: [pastor@mfmcitadelofgrace.co.uk](mailto:pastor@mfmcitadelofgrace.co.uk). More information is available at [Home - MFM Citadel of Grace, Cambridge, UK](http://Home - MFM Citadel of Grace, Cambridge, UK)

# December Programme



## Messy Church

Cambridge Vineyard Church

**Every first Sunday of the month.** It's a church but not as you know it and all are welcome! We use fun, creative arts and crafts to explore faith and include a free sandwich community lunch! Find out more about Messy Church and to sign up for the free lunch go to [Cambridge Vineyard](http://CambridgeVineyard.org.uk) or email [office@cambridgevineyard.org.uk](mailto:office@cambridgevineyard.org.uk)

## Food and Drink

### Café

Royal Voluntary Service



Open **Monday to Friday**. Royal Voluntary Service supports people, communities and the NHS in every part of Great Britain. Our café is run by volunteers who prepare and sell food and drinks to the community. More information is available at [The UK National Volunteer Charity | Royal Voluntary Service](http://TheUKNationalVolunteerCharity.org.uk)

To volunteer, apply here: [Volunteer roles and opportunities | Royal Voluntary Service](http://VolunteerRolesandOpportunities.org.uk)

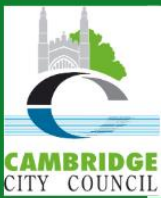
### “Beezee Families” Healthy Lifestyle Programme

Maximus



**Tuesdays**, for 4- to 12-year-olds. Beezee Families is a free 12-week healthy lifestyle programme to help 4-to 12-year-olds eat well, stay active and have fun doing it! You and your family will get practical advice from experts, a range of recipes, and a chance to get involved in lots of fun activities. Sign up today: [Maximus UK](http://MaximusUK.org.uk)





Meadows  
Community  
Centre

Open to the public from 8.45am  
to 5pm every Monday to Friday,  
excluding Bank Holidays.

Booking Inquiries: [meadows@cambridge.gov.uk](mailto:meadows@cambridge.gov.uk)

General inquiries: 01223 508140 or visit during opening  
hours from 8.45am to 5pm.

Social media: [www.facebook.com/meadowscambridge](http://www.facebook.com/meadowscambridge)



Webpage: [www.cambridge.gov.uk/meadows-community-centre](http://www.cambridge.gov.uk/meadows-community-centre)

View online: Visit our webpage above and scroll down to  
Events and Activities.



299 Arbury Road CB4 2JL