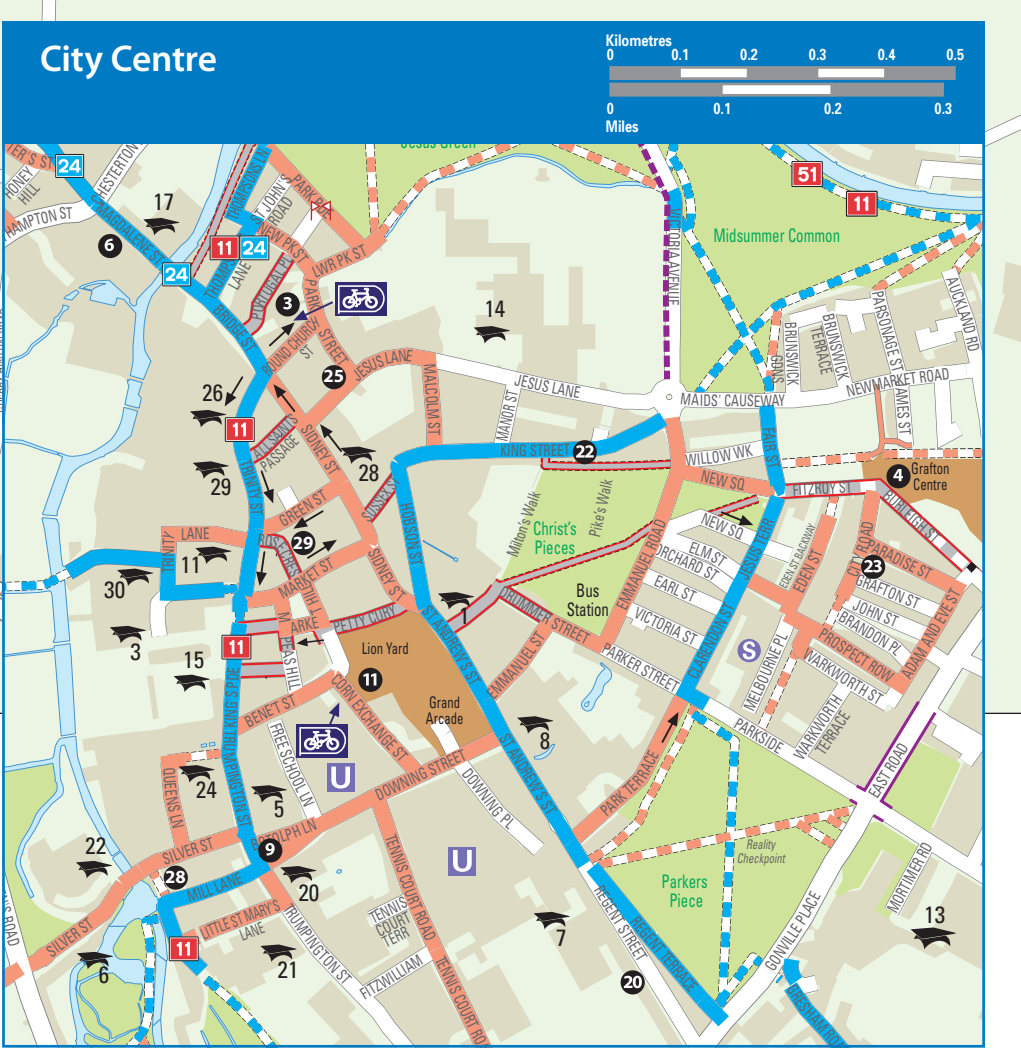
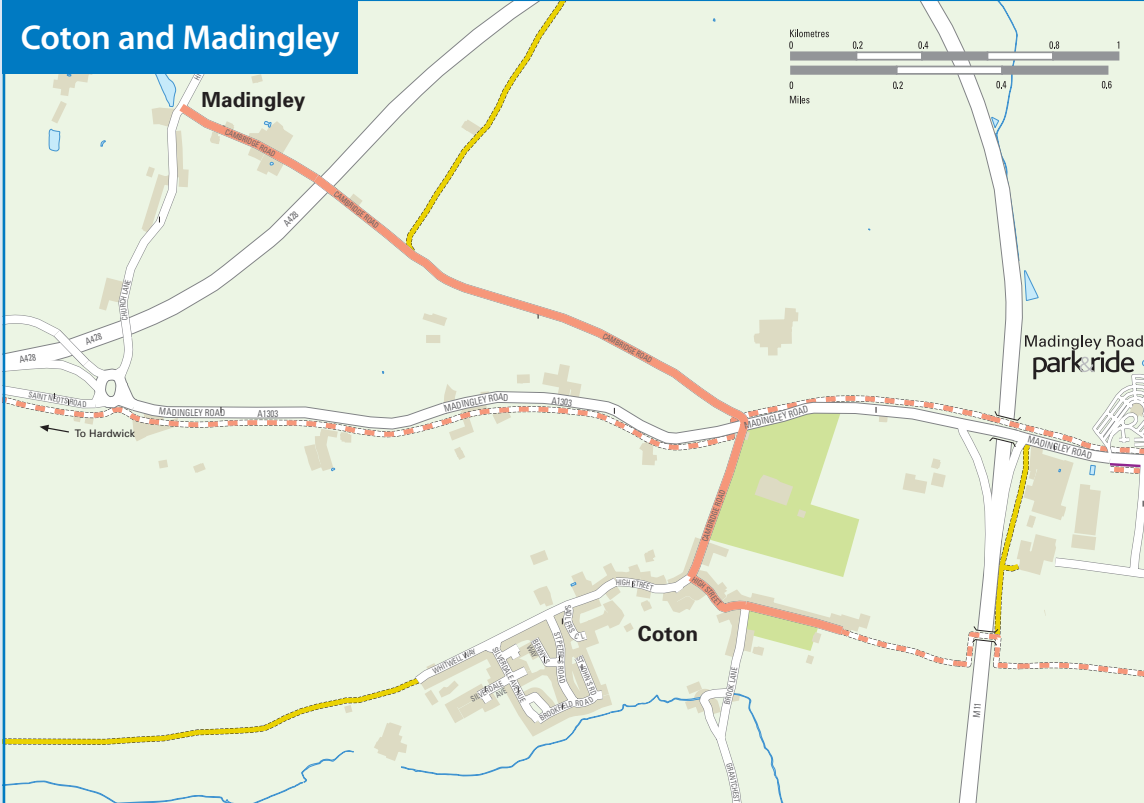


Colleges

- 1 Christ's College
- 2 Churchill College
- 3 Clare College
- 4 Clare Hall
- 5 Corpus Christi College
- 6 Darwin College
- 7 Downing College
- 8 Emmanuel College
- 9 Fitzwilliam College
- 10 Girton College
- 11 Gonville and Caius College
- 12 Homerton College
- 13 Hughes Hall
- 14 Jesus College
- 15 King's College
- 16 Lucy Cavendish
- 17 Magdalene College
- 18 Murray Edwards
- 19 Newnham College
- 20 Pembroke College
- 21 Peterhouse
- 22 Queens' College
- 23 Robinson College
- 24 St Catharine's College
- 25 St Edmund's College
- 26 St John's College
- 27 Selwyn College
- 28 Sidney Sussex College
- 29 Trinity College
- 30 Trinity Hall
- 31 Wolfson College

Signed primary network on road	On-road cycle lane	National Cycle Network (Sustrans)	Cambridge University locations	Pinch points. Restricted width for trailers
Signed primary network separate from traffic	Cycle and bus lane	Regional Cycle Route (Sustrans)	University / College locations	Blue sign destinations
Local links and links to villages on road	Cycling prohibited at all times	Cycle Park	Other university locations	Colleges and secondary schools
Local links and links to villages separate from traffic	Cycling prohibited Mon-Sat 10am-4pm	Busy roundabout or junctions. Take care	Hospital	One-way street
	Bridleway (useable when dry)	Railway line	Bike shops (see other side for details)	Temporary route diversion



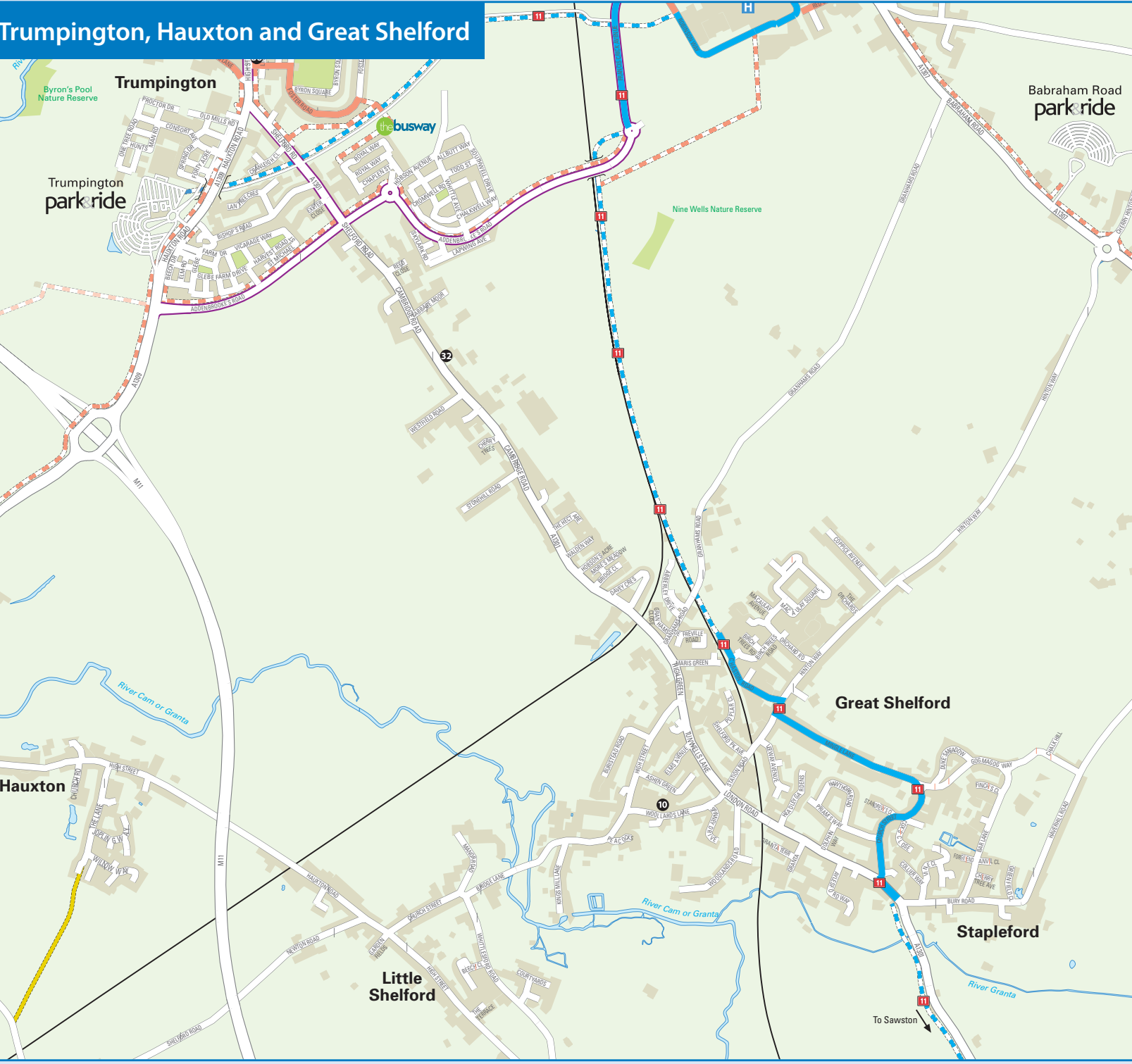
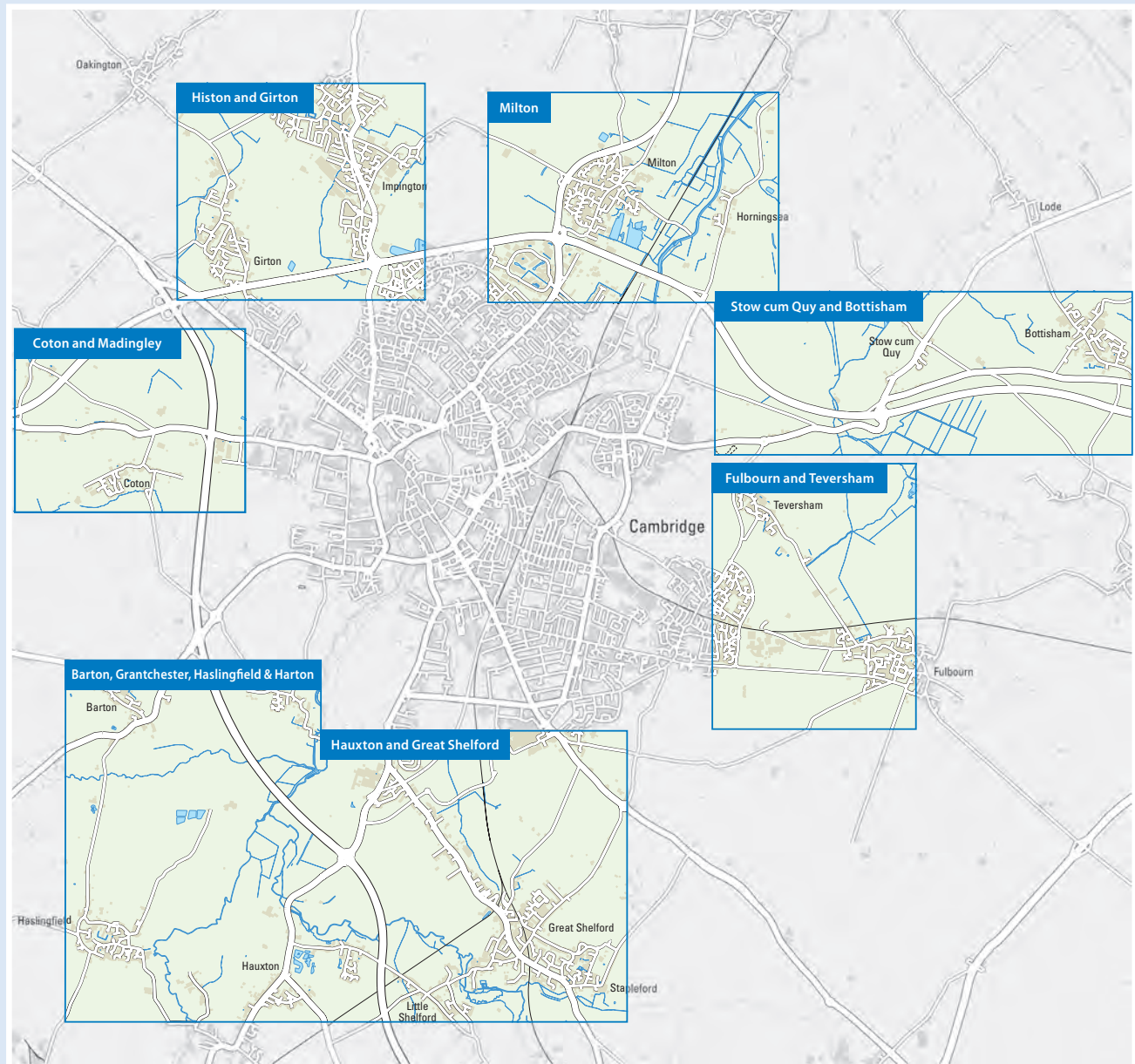


Know these signs

- No entry signs always apply to cyclists too... unless there is an exception shown underneath, or...
- ...you can bypass No Entry signs if there is a gap alongside with this route for cyclists sign
- Shared route for cyclists and pedestrians together
- Segregated route

- Signed primary network on-road / separate from traffic
- Local links and links to villages on-road / separate from traffic
- On-road cycle lane / Cycle and bus lane
- Bridleway (useable when dry)
- National Cycle Network (Sustrans) / Regional Cycle Route (Sustrans)
- Railway line
- Bike shops

National Cycle Network routes 1, 11, 12, 51, 53, 63 all go through Cambridgeshire. For maps or more information about these routes contact **SUSTRANS** on 0845 113 0065 or go to www.nationalcyclenetwork.org.uk



Why cycle?

- To save time – it's often the quickest way to get around the city and parking is free and easy.
- It's free.
- It keeps you fit whilst you get from A to B – regular cyclists are as fit as a person 10 years younger and have a reduced risk of heart disease or stroke.
- To enjoy the many green open spaces around the city



Cycling tips

- Ride assertively – cycle well out from the kerb so that you are visible to motorists. This will discourage them from overtaking too closely.

- Be aware – watch out for car doors opening and make eye contact with drivers waiting to pull out.
- Don't overtake lorries or buses on the left at junctions as they have a blind spot and there could be fatal consequences.
- Master the backward look – practice looking back over your right shoulder so you can turn right or overtake without wobbling.

Cycle training

Bikeability training is available for all cyclists in need of a confidence boost. All trainers are experienced at delivering National Standard cycle training, tailored to suit individual needs. Training is free for children aged 10 – 11 and usually takes place at school. Group rates available on request. www.bikeability.dft.gov.uk

Do's and don'ts

- Be considerate to pedestrians – they should be given priority on shared paths, so slow down and use your bell.
- Don't cycle on the pavement unless there are blue signs indicating that they are designated cycle routes.
- Use lights at night – reflective clothing is also a good idea.
- Follow the city centre one-way system.
- Obey red lights.

Cycle parking

Lock your bike! Ten bikes per day are stolen in Cambridge, often from gardens or sheds. Always lock your bike to something.

Both Park Street Cycle Park and Grand Arcade Cycle Park have more than 200 free cycle parking spaces, offer cycle repair, parts and accessories and free pushchair hire. For more information go to www.cambridge.gov.uk/cycleparks

Cycle lockers are available to hire monthly at Park Street (01223 458515), and charged valet parking is available at Grand Arcade.

There are cycle racks at all the city's Park & Ride sites. Call 01223 845561 to book a locker at the Madingley Rd or Newmarket Rd sites.



Cambridge Cycle Map

A guide to cycling around Cambridge

Useful Numbers

Highway maintenance and traffic signal faults (to report potholes, overhanging vegetation, winter gritting etc.)
Cambridgeshire County Council
0345 045212
street.care@cambridgeshire.gov.uk
www.cambridgeshire.gov.uk/transport/roads

City Rangers (to remove abandoned bikes, clear broken glass, etc.)
Cambridge City Council
01223 458282
info@trw.org.uk www.trw.org.uk

Street lighting
Cambridgeshire County Council
0800 7838247

Cycle training
Cambridgeshire County Council
01223 699346
cycling@cambridgeshire.gov.uk

You Can Bike Too
Adaptive Bikes to hire out for use in Milton Country Park
£5 an hour per bike (canes/ support free). Booking essential
Phone 01223 420060

Cambridge Cyclists' Touring Club (Local group of national CTC)
(organised rides, etc.)
secretary@ctc.cambridge.org.uk
www.ctc-cambridge.org.uk

Cambridge Cycling Campaign
01223 690718
contact@camcycle.org.uk

Park Street Cycle Park (to hire a locker)
01223 458515

Travel for Cambridgeshire (free service helping employers to promote cycling and other forms of sustainable commuting)
01223 715550
info@trw.org.uk www.trw.org.uk

For other cycle-related issues contact:

County Cycling Officer
01223 699906
cycling@cambridgeshire.gov.uk

Cambridge City Cycling & Walking Officer
01223 457000
cycling@cambridge.gov.uk

You can pick up further copies of this map from the Guildhall (Market Square) or the Cambridge Visitor Information Centre (Wheeler St) or contact the City Council (see above). For further information about cycling in and around Cambridge go to: www.cambridgeshire.gov.uk/cycling or www.cambridge.gov.uk/cycling

For an online scalable map and route planning visit: cambridge.cyclestreets.net or www.transpordirect.info

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Cambridgeshire County Council, September 2014.

Bike shops and Bike hire in and around Cambridge

- Avenue Cycles**
100 Stretton Ave, CB4 3ER
01223 322216
- Ben Hayward Cycles**
Scottdales Garden Centre
High St, Homingsea, CB25 9JG
01223 860471
www.benhaywardcycles.co.uk
- Bicycle Ambulance**
Park St, CB5 8AS
07838 162572
- Billy's Bike & Skate Store**
15 Burleigh St, CB1 1DG
01223 560368
www.billys.co.uk
- Blazing Saddles**
110 Cherry Hinton Rd, CB1 7AJ
01223 415367
- Bridge Cycles**
22a Magdalene St, CB3 0AF
01223 361411
- CAM Cycles**
92 Mill Rd, CB1 2BD
01223 500988
www.camcycles.co.uk
- The Electric Transport Shop**
Hope Street Yard, CB1 3NA
01223 247410
www.electricbikesales.co.uk
- Cambridge Cycle Centre**
8 Botolph Lane, CB2 3RD
01223 307114
- Cambridge Cycle Company**
34 Woolards Lane, Great Shelford, CB22 5LZ
01223 847100
www.cambridgecyclecompany.co.uk
- Cambridge Station Cycles***
Grand Arcade Cycle Park*
Corn Exchange St
01223 307655
& **Superstore**
9 High St, Histon CB24 9JD
01223 232182
www.stationcycles.co.uk
- Chris's Bikes**
2 Thornton Way, Girton, CB3 0NJ
01223 276004
www.chrisbikes.co.uk
- City Cycle Hire****
61 Newnham Road, CB3 9EY
01223 365629
www.citycyclehire.com
- Cycle King**
195-197 Mill Rd, CB1 3AN
01223 212222
www.cycleking.co.uk
- Cycle Repair Shop**
26 Mill Road, CB1 2AD
01223 360028
www.cyclerepairshop.co.uk
- Discount Cycles**
171 Mill Rd, CB1 3AN
01223 576545
- Giant**
144 Hills Rd, CB2 8PB
01223 415349
www.giant-bicycles.com
- Greg's Cycles**
186 Mill Rd, CB1 3LP
01223 210678
- Halfords Ltd**
442 Newmarket Rd, CB5 8JL
01223 454280
www.halfords.com
- Hoves Cycles**
104 Regent St, CB2 1DP
01223 350350
www.hovescycles.co.uk
- John's Bikes**
3 Arbury Ct, CB4 2JQ
01223 353373
- King Street Cycles**
82 King St, CB1 1LN
01223 367275
- Kingsway Cycles**
8 City Road, CB1 1DP
01223 355852
- Lensfield Road Cycles**
69-71 Lensfield Rd, CB2 1EN
01223 323559
www.lensfieldroadcycles.co.uk
- PRIMO Cycles**
5-7 Jesus Lane, CB5 8BA
www.primocycles.co.uk
- R. Holmes**
Unit 109, Norman Industrial Estate, Cambridge Road, Milton, CB4 6AT
01223 420203
www.rholmes.co.uk
- Rocco's Bikes**
Unit 3A, 23-25 Gwydir St, CB1 2LG
07855 606393
www.roccosbikes.co.uk
- S&G Cycles**
15 Laundress Lane, CB2 1SD
01223 311134
- The Bike Man***
The Market Square, CB2 3QJ
08454 799383 & 07850 814186
www.thebikeman.co.uk
- The Kurser**
47 High St, Cherry Hinton CB1 3HX
07774 240239
www.thekurser.co.uk
- Townsend's Light Blue Cycle Centre**
72 Chesterton Rd, CB4 1EP
01223 315845
www.townsendslb.co.uk
- Trumpington Cycles**
134 Cambridge Rd, Great Shelford, CB22 5JU
01223 566145
- University Cycles**
9 Victoria Ave, CB4 1EG
01223 355517
- The School Run Centre**
Hope Street Yard, CB1 3NA
07772 738899
www.schoolruncentre.co.uk
- The Crank and Sprocket**
1 Anstey Way, Trumpington, CB2 9JE
01223 778230 & 07716 374309

The Cambridge Bicycle Doctor
07964 427151
www.cambridgebicycledoctor.com

(* Bike Hire available, ** Bike Hire only)

