

Trumpington Pavilion: Programme of Events | April 2025

Classes are weekly unless otherwise stated. The Pavilion is closed on Bank Holidays. Correct at time of printing.

Please contact class providers for more information.

Mondays		
Forever Active Pilates	11:40am – 12:40pm 12:45pm – 1:45pm	Visit: www.foreveractive.livingsport.co.uk Email: foreveractive@livingsport.co.uk Phone: 07432480105
Grey Heron Internal Arts T'ai Chi	2:30pm – 3:30pm	Visit: www.grey-heron.com Email: ghiacambridge@gmail.com
Forever Active Strength and Balance Class	3:30pm – 4:30pm	Visit: www.foreveractive.livingsport.co.uk Email: foreveractive@livingsport.co.uk Phone: 07432480105
Trumpington Stitchers	7pm – 9pm	Visit: www.trumpingtonstitchers.net
Tuesdays		
Spring Crafts and Activities and free Holiday Lunch	15 th April 10:30am – 1pm	All welcome! No booking necessary. Crafts and activities available until 12pm followed by a free holiday lunch supplied by Cambridge Sustainable Food.
Women's Health and Wellbeing Session	22 nd April 12pm – 2pm	All women welcome! No booking necessary. Email: Luthfa.Khatun@cambridge.gov.uk Phone: 07873220427
Vedanta Wellness Yoga	7pm – 8:15pm	Visit: www.vedantawellness.co.uk Email: info@vedantawellness.co.uk
Wednesdays		
Very Important Persons: Simply chat, tea and cake	9 th April 10:30am – 12pm	All welcome! No booking necessary. Email: CommunityEngagement@bpha.org.uk
Memory Café	16 th April 10am – 12pm	Visit: www.trumpington.church Email: admin@trumpington.church
Vedanta Wellness Yoga	7:30pm – 8:45pm	Visit: www.vedantawellness.co.uk Email: info@vedantawellness.co.uk
Thursdays		
HealthyYou – FAME Falls Prevention service	1pm – 4pm	Visit: https://healthyyou.org.uk Phone: 0333 005 0093
Romsey Mill Youth Club School Years 6-8 School Years 9-11	4:30pm – 6pm 6:30pm – 8pm	Phone Laura Kahlbaum: 07851310258
Fridays		
Fairbite Food Club Trumpington	11:30am – 1:30pm	Social Supermarket open 12pm-1:30pm with a free café available from 11:30am. Email for more information and to volunteer: patrick.brown@ccfb.org.uk
Balkan Dance for Fitness	7pm – 8pm	Visit: www.balkandance.fitness Email: info@balkandance.fitness
Saturdays		
Paste & Art Ateliers Baking School – Easter Raspberries Fondant	19 th April 2:30pm – 5pm	For children aged 6-11 years old Email: contact@pasteandartateliers.co.uk Phone: 07762844267
Silat PSHT Martial Arts	6pm – 8pm	Email: pshtcabangengland@gmail.com Phone: 07311898299 / 07877266395
Sundays		
Silat PSHT Martial Arts	6pm – 8pm	Email: pshtcabangengland@gmail.com Phone: 07311898299 / 07877266395